

Year 4 Jigsaw Program – Changing Me- Final Summer Term Coverage and Vocabulary

Weekly Celebration	Pieces and Vocabulary	PSHE learning intention	Social and emotional development learning intention	Resources
Understand that everyone is unique and special	1. Unique Me <ul style="list-style-type: none"> • <i>Personal</i> • <i>Unique</i> • <i>Characteristics</i> • <i>Parents</i> • <i>Gene</i> 	I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm	I appreciate that I am a truly unique human being	Jigsaw Jaz, Jigsaw Chime, 'Calm Me' script, Kitten and cat cards, Photo of teacher with parents, 'Parents and children' templates, Jigsaw Jaz's post box (teacher to make), Jigsaw Journals, My Jigsaw Journey, Learning Steps/Reflection sheet, Jigsaw Jerrie Cat.
Can express how they feel when change happens	2. Having a Baby <ul style="list-style-type: none"> • <i>Sperm</i> • <i>Egg/Ovum</i> • <i>Penis</i> • <i>Testicles</i> • <i>Vagina</i> • <i>Womb/Uterus</i> • <i>Ovaries</i> • <i>Making love</i> • <i>Having sex</i> • <i>Sexual intercourse</i> • <i>Fertilise</i> • <i>Conception</i> 	I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby	I understand that having a baby is a personal choice and can express how I feel about having children when I am an adult	Making Things cards, Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Flashcard pictures of sperm and egg, Animation: The Female Reproductive System, Fact File (Printed copies of slides), Jigsaw Journals, My Jigsaw Journey, Jigsaw Jaz's Post box (from last lesson), Learning Steps/Reflection sheet, Jigsaw Jerrie Cat.

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<p>Can express how they feel when change happens</p>	<p>2a. Having a Baby (Alternative lesson for Piece 2)</p> <ul style="list-style-type: none"> • <i>Feelings</i> • <i>Responsibilities</i> • <i>Carers</i> • <i>Characteristics</i> • <i>Language</i> • <i>Mannerisms</i> • <i>Influence</i> 	<p>I understand what responsibilities there are in parenthood and the joy it can bring</p> <p>I can consider what has influenced my life and what might influence the lives of other people</p>	<p>I understand that having a baby is a personal choice and can express how I feel about having children when I am an adult</p>	<p>Glass/clear container, Milk, Red and Blue food dye, Jigsaw Chime, Jigsaw Journals, Jigsaw Jaz, Jigsaw Jaz's post box, My Jigsaw Journey, Learning Steps/Reflection sheet, Jigsaw Jerrie Cat.</p>
<p>Understand and respect the changes that they see in themselves</p>	<p>3. Puberty and Menstruation</p> <ul style="list-style-type: none"> • <i>Puberty</i> • <i>Menstruation</i> • <i>Menstrual Cycle</i> • <i>Periods</i> • <i>Menstrual Pads</i> • <i>Period Pants</i> • <i>Tampons</i> • <i>Vagina</i> • <i>Vulva</i> • <i>Ovaries</i> • <i>Oestrogen</i> • <i>Fallopian Tube</i> • <i>Fertilised</i> 	<p>I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this</p>	<p>I have strategies to help me cope with the physical and emotional changes I will experience during puberty</p>	<p>How do I feel about puberty?' cards, Jigsaw Chime, 'Calm Me' script, A 'bag of tricks' – a mystery bag containing a collection of items relating to puberty and growing up- see lesson plan for suggestions, Animation: The Female Reproductive System - (Check version!), Sets of Menstruation Cards for card-sort and/or sticking into Jigsaw Journals, Jigsaw Journals, Jigsaw</p>

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				Jaz, Jigsaw Jaz's post box , My Jigsaw Journey, Learning Steps/Reflection sheet, Jigsaw Jerrie Cat.
Understand and respect the changes that they see in other people	4. Circles of Change Puzzle Outcome: Circles of Change <ul style="list-style-type: none"> • <i>Circle</i> • <i>Seasons</i> • <i>Change</i> • <i>Control</i> 	I know how the circle of change works and can apply it to changes I want to make in my life	I am confident enough to try to make changes when I think they will benefit me	Jigsaw Song: 'A New Day' , Jigsaw Jaz, Jigsaw Chime, 'Calm Me' script, Season tree pictures , Slide show, Circle of Change diagram/template , Split pins , Cardboard arrows , Jigsaw Journals, My Jigsaw Journey, Learning Steps/Reflection sheet, Jigsaw Jerrie Cat.
Know who to ask for help if they are worried about change	5. Accepting Change <ul style="list-style-type: none"> • <i>Range of emotions (see emotions card resource)</i> • <i>Control</i> • <i>Change</i> • <i>Acceptance</i> 	I can identify changes that have been and may continue to be outside of my control that I learnt to accept	I can express my fears and concerns about changes that are outside of my control and know how to manage these feelings positively	Emotions cards , Slide show, Change Scenario cards , Jigsaw Chime, 'Calm Me' script, Jigsaw Journals, My Jigsaw Journey, Learning Steps/Reflection sheet, Jigsaw Jerrie Cat.
Are looking forward to change	6. Looking Ahead Assessment Opportunity <ul style="list-style-type: none"> • <i>Change</i> • <i>Looking forward</i> 	I can identify what I am looking forward to when I move to a new class	I can reflect on the changes I would like to make next year and can describe how to go about these	Jigsaw Jaz, Jigsaw Chime, The same objects used for the 'Bag of Tricks' activity in lesson 3 , laid out on a tray or the floor, A

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	<ul style="list-style-type: none">• <i>Excited</i>• <i>Nervous</i>• <i>Anxious</i>• <i>Happy</i>			piece of cloth, ‘Calm Me’ script, Jigsaw Jaz’s post box, Circle of Change templates, Jigsaw Journals, My Jigsaw Journey, Learning Steps/Reflection sheet, Certificates, Jigsaw Jerrie Cat.
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